

MSSP

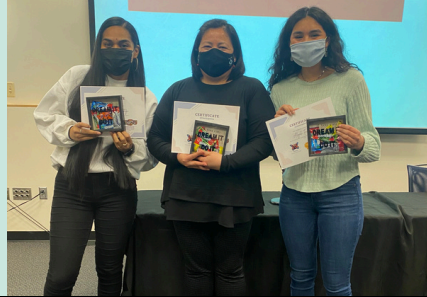
NEWSLETTER

WINTER 2022

VOL. 39

News & updates from Multicultural Student Services & Programs

Event Highlights: MSU & MCR



FOND Farwell to Akaanchya

After 7 years working at WOU, 2 being at the MSSP office, I will be transitioning to Oregon State University. I will be serving as the Head Academic Advisor for one of the programs (MIME) in the College of Engineering. My last day at WOU will be March 11th, 2022

I started working in MSSP in January of 2020 and since then I have held 3 different positions within the department. MSSP has been a space where I felt seen, recognized, and supported. I had the opportunity to work with such strong, empowered, and inspiring women of color that it has really impacted my learning as well as my growth. The best part about working in MSSP was celebrating our students and seeing them accomplish their goals. I had the pleasure to teach ICS 104 for the past 2 years and to get to know our students and be a part of their college journey; I will always hold this experience close to my heart.



A message to students:

Be proud of who you are and how far you have come along. Don't forget there are so many people on your team rooting for your success so don't hesitate to take up space and ask for help or ask for what you need! I will miss each and everyone of you.

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EVENT HIGHLIGHT

FOND FARWELL

FALL TERM HONOR ROLL

WELCOME NEW STAFF

NEW BEGINNINGS

MSSP MISSION

QUOTE

CULTURAL COOKING CONER

ACADEMIC CALENDAR

Academic Honor Roll Fall 2021 term.



Acevedo-Solis, Ricardo	Gonzalez, Karen	Olander, Guinevere
Acosta-Vega, Luis	Gonzalez Barragan, Ana Sally	Ontiveros, Melissa
Aguilar, Zurisahi	Gonzalez-Moreno, Erika	Oropeza-Sixtos, Lendy
Ah Nee, Shyann	Gonzalez-Sixtos, Karen	Painter, Sienna
Ala, Tatiana	Graves, Claire	Parayaoan, Jazz
Alaniz-Benitez, Jose	Griego, Madison	Perez Cardenas, Rodolfo
Allen, Melissa	Gutierrez, Wesley	Perez Cardenas, Alondra
Alvarez, Mauro	Ham, Callia	Perrone, Tavia
Alvarez Flores, Orlando	Heern Rojas, Yuliana	Prado, Ceida
Arcos, Kevin	Herrera, Shabryna	Price, Ethan
Avila-Lara, Jennifer	Herrera Gonzalez, Diana	Puentes, Anakaren
Barrera, Mirella	Herrera-Anzalado, Julio	Ramirez Alvarez, Ruben
Barron, Karina	Huerta, Lorena	Rickis, Claire
Beck, Autumn	Huerta Cortez, Diana	Rivera, Melina
Betancourt, Salma	Iniguez Gudino, Lourdes	Robins, Sadie
Biegel, Camryn	Jackson, Logan	Rodriguez, Elyse
Braatz, Elizabeth	Jacobo, Jocelyn	Rodriguez, Kenya
Brambila, Litzy	Jacome, Valeria	Rodriguez, Marisol
Cach Briceno, Jacqueline	Jimenez, Blanca	Rojas, Jasmine
Calderon, Jenny	Joya, Rachel	Rojas Olivares, Jose
Calderon, Luis	Kaur Virk, Amrit	Rosales, Calvin
Campos, Angelica	Ku Beiza, Litzy	Rulla, Benjamin
Cardenas, Cynthia	Kuhn, Aidan	Rumenapp, Chantel
Carlos, Logan	Leon, Erika	Sagrero Gaona, Raul
Carrillo, Yarectzy	Letisi, Sangato	Marroquin, Dalia
Catalan Galeana, Marisela	Llontop, Marian	Salazar-Cervantes, Elizabeth
Chacon Lopez, Julissa	Lopez, Cruz	Salgado, Sonali
Collins, Naomi	Lopez, Cecilia	Noe San Luis
Compton-Castilla, Bianca	Madera Solis, Karla	San Miguel Morales, Rubi
Cortes, Eric	Madrigal, Maria	Santos Alvarado, Ciclali
Cortes Escobar, Ana	Madrigal Rodriguez, Rosy	Sayago-Rauda, Andrea
Cruz Cruz, Jessica	Maiben, Jacob	Supulveda Valenzuela, America
Cruz Sanchez, Rosibel	Maiben, Derek	Sevugan, Samila
Cuevas, Maria	Manalansan, Augustine	Solis, Maria
Danielson, Merik	Manzano-Lopez, Fatima	Soriano, Lorena
Douangaphivong, Tessa	Manzo Jauregui, Norma	Tapia Lopez, Arlette
Duarte-Ruiz, Karina	Martinez, Moshe	Tencos Mendoza, Esmirna
Duron, Alyssa	Martinez, Felicia	Tinajero, Pricila
Escobar, Blanca	Martinez Rangel, Carlos	Torres Ibarra, Cesar
Escorcia, Samantha	McCann, Mateo	Tran, Aaron
Espana, Priscila	Mendoza, Angela	Trujillo-Martinez, Breatriz
Estrada Correa, Loreli	Mills, Jacob	Urenda Hernandez, Fatima
Fashana, Sofie	Molina, Savina	Urueta-Lothman, Sydney
Favela, Aliyah	Montejano, Paulina	Vargas, Vanessa
Fernandez, Ana-Malia	Montejano, Maria Guadalupe	Vargas, Jocelyne
Flores Guzman, Ashley	Mora, Emily	Vasquez, Manuel
Flores-Palafox, Jeronimo	Morales, Antonia	Gutierrez, Litzy
Gallardo-Rosas, Dulce	Nakamura, Simone	Villa, Jesus
Garcia Chavez, Carolina	Navarrete Villegas, Andraasis	Villastrigo, Camila
Garcia Hernandez, Ian Carlo	Nunez Medina, Mariel	Maggie Villegas, Elisa
Garcia Herrera, Daisy	Ochoa, Brisney	Williamson, Seth
Garcia Torres, Sandra	Ochoa, Esmeralda	Yeane, Kassie
Garibay Ochoa, Jessica	Ochoa-Baez, Brisa	Zamudio, Brenda
Gomez, Ibeth		Zendejas, Rosy
Gonzales Lopez, Eny		

ALUMNI SPOTLIGHT: Debbie D. Cabrales



1. Your major while at WOU

BA in Social Science

2. Your minor while at WOU.

Business

3. Hometown?

Woodburn, OR

4. What is your favorite memory at WOU?

It was was living in the dorms, getting ready with my friends to go to the freshmen dance.

5. What was the most challenging aspect of college?

It was not knowing what will come next, especially my senior year, where everyone keeps asking what your next move will be and what plans you have for after graduation.

6. What was the most exciting aspect of college?

Making memories and all of the connections and friendships.

7. What resources did you use to be successful at WOU?

Definitely the Writing Center, MSSP, and the Library.

8. Any word of advice for underrepresented students coming to WOU?

YOU BELONG. Shut out the voice in your head that is making you think that you do not belong. Sometimes these spaces are not created for people like us, so it is up to us to create the space.

9. Your current employment?

I am the Executive Director of Centro de Servicios Para Campesinos, a small nonprofit in Woodburn Oregon.

10. How has your experience and education at WOU shaped your life after college?

I truly believe that going to WOU has made me into who I am today. If it wasn't for my connections and the friendships I made then I would not be sure where I would be today. Especially being part of programs and boards that helped me out throughout my career.

11. Your favorite quote?

If there is no place for you at the table, bring your own chair and create your own place.

-Unknown

12. Share anything interesting about yourself?

I am a proud single mother who is also trying to make a difference in her community, and I am trying to do so by being part of the Woodburn City Council.



New WOU Staff Spotlight

Welcome to WOU! We want to introduce some new multicultural staff that work with many of our MSSP Students in their respective offices.



Name: Maya Guerra

Title: Resident Director, Apartments and Operations, University Housing

BIO: I am from Cornelius Oregon, I have a degree from Western Oregon University in Interdisciplinary Studies. A fun fact about myself is I know a lot of random facts about music.

Piece of Advice: Stay true to yourself.

Name: Maria Barrera

Title: Basic Needs Coordinator, Abby's House

BIO: I'm a first generation, DACA recipient, bilingual member of the LGBTQ+ community, and someone who ensures to continue building connections with other diverse populations. I recently graduated from Western Oregon University with a Bachelors of Science in Psychology. As an undergraduate student, I became heavily involved in advocacy through student government, and organizations on-and off-campus where I assisted underrepresented and marginalized students. I have always been committed to promote diversity, equity, and inclusion to best serve students on campus, which is why I'm excited to be back at WOU now helping students as the Basic Needs Coordinator around basic needs and provide them with resources on and off campus! A fun fact about me is that I love to make my own household Décor items using my BFF: The Cricut Maker.

Piece of Advice: Don't be afraid to ask for help, we are all here to provide students with any support and resources!

Name: Alex Gonzalez

Title: Educational Advisor, Teacher Prep Student Support Services (TRIO)

BIO: I was born and raised in Mexico City. I graduated from OSU with a BA in Liberal Arts - Spanish. Fun fact about me is that I like to eat, and I am allergic to cats.

Piece of Advice: Enjoy this period of your life, and take advantage of the opportunities presented to you while in college.





Name: Ricardo Acevedo-Solis, aka "Rick"

Title: Counselor, Admissions

BIO: I grew up in Independence/Monmouth Oregon, Graduated with a Bachelor's degree in Communication Studies with a minor in Sociology this fall from Western Oregon University. I enjoy spending my free time with friends and family, some of my favorite hobbies include playing and watching basketball or soccer, and music in both English and Spanish of a variety of genres.

Piece of Advice: Make sure to utilize the resources that WOU has to offer! Academically and socially, there is so much support and tools here on campus to help you succeed. Also, get involved, as much as you can it may bring many positive opportunities and experiences to you during college.



Name: Brenda Plata-Hurtado

Title: Bilingual Education Advisor, Education Program

BIO: I was born and raised in Salem OR. I graduated from WOU with a B.S in Educational Studies. Fun fact, I completed middle school in Hidalgo, Mexico

Piece of Advice: Don't rush through your career. Take the time to get to know your professors, advisors, and peers. Remember that every person you meet in college has something to offer you.



Name: Sergio Chavelas

Title: Bilingual Receptionist, Account & Business Services

BIO: Lived in Monmouth for more than 20 years. Married for 3 years, and counting, to my beautiful wife Jazming Prado. Father of 2 cats (sons) "Charming & Cheeto".

Piece of Advice: Treat others the way we want them to treat us.



Name: Alejandra Oronia

Title: Bilingual Advocate, Abby's House

BIO: Her parents immigrated from Jalisco, Mexico to the State of Oregon, where she was born and raised. She pursued her undergraduate studies at Western Oregon University and received a Bachelor of Arts in Psychology. She is currently attending Lewis & Clark College Graduate School of Education and Counseling. One fun fact about Ale is that she visited the Bob Marley Museum during her Alternative Break trip in Kingston, Jamaica.

Piece of Advice: Allow yourself to be proud of how far you have come, even if it's not where you thought you would be!

New Beginnings

Welcome to your new roles! Multicultural staff at WOU have join new departments. Check it out!



Name: Sylvia Fernandez

Title: Educational Advisor, Student Enrichment Program

BIO: Sylvia earned a Bachelor of Arts in Mathematics with a Minor in Spanish, and a teaching license at San Jose State University. She earned a Master's in Education from the University of Washington and is a Ph.D. Candidate in Education at Oregon State University. After years of teaching and leadership at the high school level, Sylvia joined WOU in 2015 as a Math Instructor. She joined the SEP team in 2022. Sylvia's career in education has always focused on diversity, equity, inclusion, and social justice. She is passionate about helping students achieve their goals. Sylvia is originally from the San Francisco Bay Area. She enjoys spending time with her family, gardening, and traveling.

Piece of Advice: Don't be afraid to be wrong or to ask questions.



Name: Adriana Carrillo

Title: Evaluator, Admissions

BIO: I'm a first-gen Latina from Dallas, OR. I started my WOU journey the Fall of 2008 as a freshman and haven't left since 😊. I earned my Bachelor's in Community Health Education. I was previously with SEP for the past 8 years and now I am in the Admissions Office as one of their Evaluators. A fun fact about me is, I recently started watching Anime and I loved the Demon Slayer; I am excited to start watching the 2nd season!

Piece of Advice: Step out of your comfort zone, try new things that scare you. It's exciting to see yourself grow and thrive. Make sure to enjoy every second and make meaningful relationships with your peers.



Name: Itsel Venegas-Trujillo

Title: Counselor, Financial Aid

BIO: I am a first generation college graduate with a Bachelors of Arts from Willamette University. I am from the area, raised in Independence, Oregon. I have been at WOU for almost 4 years and have loved learning everything that WOU has to offer students and the community. A fact about me is that I love to read! Growing up, my favorite book series was The Books of Pellinor by Alison Croggon.

Piece of Advice: Connect with your advisors and counselors. We are here to help you understand your higher education journey!

MSSP Mission

The office of Multicultural Student Services & Programs is committed to the recruitment, retention and graduation of historically underrepresented & underserved populations by providing educational opportunities and outstanding programming for ethnically and culturally diverse students. MSSP strives to enrich the undergraduate experience and foster a supportive environment for students of color to live, learn and grow as active members of the Western Oregon University community and as individuals.

Quote

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel"

Maya Angelou



ESPAGUETI VERDE CON CHILE POBLANO

Ingredients:

*2 packages of spaghetti *1 can of milk cream *2 tablespoons of chicken consommé
*3 poblano peppers (green) *3 medium garlic cloves *1 tablespoon of butter

How to make:

1. Boil the spaghetti: take a pot with enough capacity, heat it with water and add spices to taste to flavor the pasta. Also pour a splash of oil and two medium tablespoons of powdered chicken consommé.
2. Once the spaghetti is boiled, take it out, strain it and pass it through cold water. While the pasta water drains, roast the poblano peppers on the griddle.
3. Once roasted, put the poblano peppers in a plastic bag and close it so that they sweat and you can remove the skin more easily. Leave them in for 5 minutes, then remove the skin, seeds, and veins from the chiles. In this way we will achieve that special color of the green spaghetti with poblano pepper, although if you want to accentuate it, you can also add a little spinach.
4. Now that you have the chiles ready, it is time to make the sauce that will give the pasta its green color. To do this, cut the chilies into squares, put them in the blender or container with a high edge, add the garlic, the milk cream, a little consommé to taste, salt, the cream and mix it all.
5. Once the sauce is made, heat a frying pan to cook the spaghetti with it, do it over medium heat and add a little butter. When the butter melts, pour the poblano sauce to heat and thicken. Then, add the spaghetti and mix everything well until they acquire the desired thickness.
6. And ready! You can now serve your recipe for green spaghetti with chile poblano.

Academic Calendar Highlights



March

- 11rd- Classes end
- 14th- Finals begin
- 14th- Wolf it down
- 21st- Spring Break starts
- 28th- Classes begin



April

- 1st- 2022 HSI Summit
- 5th- Summer term registration begins
- 8th- CECLC
- 8th - Last day to add a class
- 22th- Last day to drop a class without grade
- 30th- 27th Annual Native American Pow-Wow



May

- 6th- Luau
- 13th- Last day to drop a class with a "W" grade
- 20th- Nuestra Fiesta Latina
- 25th- MSSP Graduate Recognition Dinner
- 30th- Memorial Day- Campus closed