

Professional Activity Report
2012-13

***Division of Health and Physical
Education***

Western Oregon University

Division of Health and Physical Education
Professional Activities
July 1, 2012 - June 30, 2013

Refereed Publications

Cardinal, B. J., Sorensen, S. D., & **Cardinal, M. K.** (2012). Historical perspective and current status of the physical education graduation requirement at American 4-Year colleges and universities. *Research Quarterly for Exercise and Sport*, 83(4), 503-512.

Cardinal, B. J., Yan, Z., & **Cardinal, M. K.** (2013). Negative experiences in physical education and sport: How much do they affect later life physical activity participation? *Journal of Physical Education, Recreation and Dance*, 84(3), 49-53.

Cardinal, M. K. (2013). Deciphering dance in reality television: The good, the questionable, and the unconscionable. *Journal of Physical Education, Recreation and Dance*, 84(1), 7-10.

Savva GM, **Maty SC**, Setti A, Feeney J. Cognitive and physical health of the older populations of England, the United States, and Ireland: international comparability of the Irish longitudinal study on ageing. *J Am Geriatr Soc.* 2013;61(Suppl 2):S291-298. doi: 10.1111/jgs.12196.

Taylor, J. & Yun, J. (2012) Factors influencing staff inclusion of youth with disabilities in after-school programs. *Therapeutic Recreation Journal*, 46, p 301-312.

Other Published Works

Cardinal, M. K. (2012). SPICE²S: Wellness for dancers with voices from dancers in the U.S. and Hong Kong. Focus on dance education: Many cultures, strength through diversity. Conference proceedings from the *National Dance Education Organization Conference*, Los Angeles, CA.

Cardinal, M.K. (2013). Playing with rhythms: Eurhythmics to STOMP. Online conference proceedings of the *Council for Children's Expanded Physical Education* (7-page document). Available at: <http://www.ccepe.net/CCEPE%20Website%20Materials/2013%20Materials/Supplementary%20Electronic%20Materials/CCEPE2013RhythmsCardinal.pdf>

Horner, N. (2013). Nutrition and Aging. *Gazette Time, Democrat Herald* Generations Supplement.

Timken, G, van der Mars, H., Jimenez-Silva, M., Watson, D., & Ebbeck, V. (in press). Teresa: Mi vida, mi educación, mi futuro: My life, my education, my future. In K. Armour (Ed.), *Pedagogical Cases in Sport, Exercise and Movement-Volume 1: Physical Education and Youth Sport* (pp. #'s TBD). Oxford, England: Routledge.

Refereed Presentations

Bruce, E. (2012, July). *Biopsychosocial Model of Disease and the Health of Batman*. Presented at the Comics Arts Conference, San Diego, CA.

Cancel-Tirado, D. (2012, October). *Family Planning and Sexual Risk Among Mexican Immigrant Men by Fatherhood Status*. Presentation at the National Council on Family relations, Phoenix, AZ.

Cardinal, M. K. (2012, October). *SPICE²S: Wellness for dancers with voices from dancers in the U.S. and Hong Kong*. Paper presented at the National Dance Education Organization Conference, Los Angeles, CA.

Cardinal, M. K. (2013, April). *Comparison of U. S. and Hong Kong dancers' perspectives on wellness*. Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Charlotte, NC.

Cardinal, M. K. (2013, April). *Dance teacher preparation through service learning*. Paper presented as part of the symposium, *Beyond best practices: The future of dance education symposium*, at the American Alliance for Health, Physical Education, Recreation and Dance Convention, Charlotte, NC.

Maty, S. (2012, October). *Type 2 diabetes and cognitive impairment in older people: Findings from the Irish Longitudinal study of Ageing (TILDA)*. Presented at the American Public Health Association annual meeting, San Francisco, CA.

Maty, S. (2012, October). *Gender differences in the distribution of factors associated with physical inactivity among school children in the Republic of Ireland*. Presented at the American Public Health Association annual meeting, San Francisco, CA

Taylor, J., Tepfer, A., Yun, J., Derfus, A. & Irwin, J. (2013, April) *Peer Tutoring in Physical Education*. Oral Presentation at the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) National Conference. Charlotte, NC

Taylor, J & Vanderbom, K. (2012, October) *Ability First Youth Sports Camp*. Oral Presentation at the North American Federation of Adapted Physical Activity (NAFAPA) biannual conference. Birmingham, AL.

Timken, G. (2013, February). *Throw tennis: Teaching tactics through game play*. Presented at the 2013 Northwest Conference on Children's Physical Education, Portland, OR.

Timken, G. (2012, October). *Throw tennis: Teaching tactics through game play*. Presented at the 2012 OAHPERD (Oregon Association for Health, Physical Education, Recreation & Dance) conference. Albany, OR.

Invited Presentations

Allen, W. (2012, August). *Regional Tai Chi Seminar*. Presented at regional meeting with Grandmaster Chen Zhenglei presiding in Eugene, OR.

Allen, W. (2012, October, 2013, February). *Relaxation Response Conditioning with Traditional Chinese Controlled Breathing "Qigong"*. Presented to Pam Ward's HE 211 Techniques of Relaxation class in Monmouth, OR.

Asleson, E. (2012, October). *Health & Wellness Fitness Related to Aging*. Presented at the Central Willamette Credit Union, Albany, OR.

Bruce, E. (2012, October). *Biopsychosocial Model of Disease and the Health of Batman*. HE 434: Diseases class at Western Oregon University, Monmouth, OR.

Cancel-Tirado, D. (2012, October). *Social Determinants of Health: Beyond Health Care*. Presented at the Oregon Latino Agenda for Action Summit in Portland, OR.

- Cardinal, M. K.** (2013, February). *Playing with rhythms: Eurythmics to STOMP*. Paper presented at the Council for Children's Expanded Physical Education Conference, Portland, OR.
- Farrell, K.** (2013, February). *Strength Training at Home*. Presented at Sequoia Commons, Western Oregon University in Monmouth, OR.
- Farrell, K.** (2013, April). *Fitness Fun*. Presented at Talmadge Middle School, Independence, OR.
- Hammermeister-Jordan, A.** (2013, February). *Green Dot Bystander Training*. Presented at Western Oregon University, Monmouth, OR.
- Hammermeister-Jordan, A.** (2013, January). *Green Dot Bystander Training*. Presented to the WOU Lacrosse Team, Monmouth, OR.
- Hammermeister-Jordan, A.** (2012, December). *Green Dot Bystander Training*. Presented at Western Oregon University, Monmouth, OR.
- Hammermeister-Jordan, A.** (2012, October). *Eating Disorders*. Presented at Abby's House, Western Oregon University, Monmouth, OR.
- Hammermeister-Jordan, A.** (2012, October). *Green Dot Bystander Training*. Presented to the WOU Baseball Team, Monmouth, OR.
- Hautala, R.** (2013, June). *Issues Regarding American Higher Education*. Presented at University of Tampere, Tampere, Finland
- Hautala, R.** (2013, March). *How do the Finns do it?* Presented at the SoTL Commons Conference, Georgia Southern University, in Savannah, GA.
- Horner, N.** (2012, October). *Topics on the Table: Childhood Obesity, The Locavore Movement and Organic Foods*. Presented to the Albany Rotary Club in Albany, OR.
- Horner, N.** (2013, March). *Clinical Controversy Around Vitamin D*. Presented at the School of Biological and Population Sciences, Oregon State University in Corvallis, OR.
- Horner, N.** (2013, March). *Lovin' This Body*. Presented at the Braveheart Teen Girls Retreat in Corvallis, OR.
- Kelly, T.** (2013, February). *Cardiovascular Disease & Exercise Intervention*. Presented to the Central School District in Monmouth, OR.
- Kelly, T.** (2013, January). *Outdoor Winter Survival*. Presented to the Boy Scouts of the Cascade Pacific Council in Salem, OR
- Kelly, T.** (2013, January). *Nutritional Controversies for Women*. Presented to the Women's Latter Day Saints West Salem Ward Church Group in Salem, OR.
- Kelly, T.** (2013, January). *Career Possibilities in the Field of Exercise Science & Professional Preparation at WOU*. Guest Speaker at the Linn-Benton Community College Intro to Health & Physical Education Class in Albany, OR.

Kelly, T. (2013, April). *Nutrition and Bone Health*. Presented at the Annual Regional Stake Latter Day Saints Women's Conference in Salem, OR.

Kelly, T. (2013, May). *Orienteering*. Presented to the Boy Scouts of the Cascade Pacific Council in Salem, OR.

Maty, S. (2013, April). *An Overview of Life Course Research*. Inaugural lecture for the Oregon Life Course Network meeting, Oregon Health Authority, Portland, OR.

Ward, P. (2013, May). *Swing Dance*. Presented at Heritage Hall, Western Oregon University in Monmouth, OR.

Ward, P. (2013, June). *Folk & Ballroom Dance*. Presented in Landers Hall, Western Oregon University, Monmouth, OR.

Faculty Development Awards

Category I Travel

Bruce, E.

Cancel-Tirado, D.

Cardinal, M. (2 awards)

Hautala, R. (2 awards)

Maty, S.

Taylor, J.

Category II Travel

Armstrong, J

Asleson, E.

Farrell, K.

Roberts, J.

Sellers, S.

Thomas, D. (2 awards)

Professional Service

Allen, W.:

Presider/Moderator: Regional Tai Chi/Qigong Conference, Salem, OR, August 2013

Advisor: WOU Martial Arts Club
Honor's Thesis, Krista Harrington

WOU Service: HPE Curriculum Committee
Faculty Senate Curriculum Committee
Delmer Dewey & Julia McCulloch Smith Selection Committee

Armstrong, W.:

Managing Editor: *Clinical Kinesiology*

Manuscript Reviewer: *European Journal of Applied Physiology*
Journal of Athletic Training
Journal of Applied Biomechanics
Medicine & Science in Sport & Exercise
Sensors
Clinical Kinesiology

WOU Service: Academic Requirements Committee
Institutional Review Board
HPE Personnel Review Committee

Asleson, E.:

WOU Service: Co-director, WOU Triathlon
Professor Chat – Fall 2012

Cancel-Tirado, D.:

Abstract/ Program Reviewer: 2013 Annual Conference of the National Council on Family Relations.

Conference Development: 2013 - Northwest Council on Family Relations
2012 - National Council on Family Relations

Advisory Panels: Oregon Health Workforce Institute (OHWI) Study Group
Northwest Council on Family Relation, Oregon Representative
National Council on Family Relations, Family Health Section, OR Representative

WOU Service: University Diversity Committee
Search Committee, CHE Tenure Track Faculty

Cardinal, M.:

Editorial Board: *Journal of Physical Education, Recreation and Dance*

Leadership Team: Oregon Dance Content Standards, 2012-2013

WOU Service: Faculty Development Committee
HPE Awards Committee
Search Committee, NTT Activity Specialist

Caster, B.:

Abstract Program Reviewer: American College of Sports Medicine, Northwest Chapter, Annual Meeting

Advisory Panels: OUS Germany Advisory Board
OUS/Baden-Wurttemberg Exchange Program
German American Partnership Program (GAPP), Assistant Coordinator

Committee Member: ASSE International Congress-Bundestag Youth Exchange, Candidate Interview

WOU Service: Program for Undergraduate Research Experiences (PURE) Executive Committee

WOU Academic Excellence Showcase Planning Committee
Window of Opportunity Initiative, Core Team
Recruitment & Retention Task Team member
College of Education Assessment Council
Chair, HPE Personnel Review Committee
HPE Curriculum Committee
Search Committee, Community Health Education Tenure Track Faculty

Farrell, K.:

WOU Service: WOU Faculty Athletics Representative
WOU Athletics Search Committees (3)
WOU Faculty Senate
WOU Diversity Committee

Hammermeister-Jordan, A.:

WOU Service: Abby's House Board member
Green Dot Club Co-Advisor
Campus Against Sexual Assault (CASA), Grant Committee Member
Library Liaison for Division of Health & Physical Education

Hautala, R.:

WOU Service: Strategic Planning Opportunities Committee (SPOC)
Faculty Senate
Faculty Senate Executive Committee
Faculty Senate Honors Committee, Chair
Werner University Center Advisory Committee
Peer Mentoring Committee
COE Student Petition Review Committee (SPRC)

Horner, N.:

Community Service: Dietetic Intern Mentor – Legislature Visits with the Oregon Academy of Nutrition and Dietetics, March 2013
Oregon Academy of Nutrition and Dietetics Media Representative, September 2011 – Present

Kelly, T.:

WOU Service: HPE Graduate Advisor
WOU Outdoor Recreation Club, Faculty Advisor
WOU Sustainability Core Theme Task Force
WOU Graduate Committee

Maty, S.:

Manuscript Reviewer: *Social Science and Medicine*
American Journal of Public Health
Diabetic Medicine
Annals of Epidemiology

Abstract/Program Reviewer: American Public Health Association, annual meeting

Conference Presider: American Public Health Association, annual meeting

Co-Planner & Facilitator: Symposium, "Alzheimer's Disease and Public Health: Moving Oregon Forward."
Oregon Alzheimer's Association

WOU Service: Search Committee Member, Instruction Librarian, Hamersly Library
HPE Session Co-Chair, Academic Excellence Showcase
Joint Committee on Faculty Evaluation

Pedersen, P. J.:

Textbook Editing: Access to Health, 13th Ed., Pearson Benjamin Cummings Publishers, Chapter 5:
Understanding Your Sexuality

WOU Service: COE Assessment Council
COE Consortium
HPE Personnel Review Committee
WOU Window of Opportunity Committee
Distance Education Task Team
SEP Advisory Committee
Search Committee, Chair, Community Health Tenure Track
Search Committee, HPE Administrative Program Assistant
Search Committee, Chair, Non-Tenure Track Activity Specialist

Roberts, J.:

WOU Service: Search Committee Member, Community Health Tenure Track
HPE Session Co-Chair, Academic Excellence Showcase
WOU Tobacco Free Task Force
HPE Curriculum Committee

Taylor, J.:

Manuscript Reviewer: *Journal of Leisure Research*

Thomas, D.:

WOU Service: International Education and Service Committee
HPE Session Co-Chair, Academic Excellence Showcase
HPE Awards Committee

Timken, G.:

Manuscript Reviewer: *Journal of Teaching in Physical Education*

Abstract/Program Reviewer: AAHPERD Research Consortium

Conference Co-planner: Council for Children's Expanded Physical Education (CCEPE) 2013 annual
conference

WOU Service: Chair, University Academic Infrastructure Committee
COE Licensure & Clinical Experience Council
HPE Personnel Review Committee
HPE Curriculum Committee
Search Committee, NTT Activity Specialist

Awards

Cardinal, M. (2013). Presidential Citation (for service as NDA Representative to the JOPERD Editorial Board). National Dance Association.

Hammermeister-Jordan, A. (2013). Abby's House Woman of Importance Award.