



Self-Inflating Mattress User Guide and Warranty Information

Congratulations on your purchase of a Therm-a-Rest® mattress.

You now own a mattress from the leading brand in outdoor comfort for more than 40 years. Our commitment to quality and innovation in all of our products ensures that each one offers unrivaled comfort and reliability. Below are instructions to help you keep your Therm-a-Rest mattress in good working order for years.

Upon Purchase:

1. Your new mattress has been stored tightly rolled since production. Unroll your Therm-a-Rest mattress; with valve(s) open, let pad self-inflate, then over inflate with several breaths, close valve(s), and store overnight. For initial use: 2. Allow mattress to inflate (mattress model and how long the mattress has been rolled determines self-inflation time). Close valve(s). 3. Adjust air pressure for comfort. For softer support, gently squeeze out a little air. For firmer support, inflate by mouth. Winter use: If freezing conditions will be encountered daily for several weeks, avoid breath inflation. Moisture from breath may accumulate and freeze inside the mattress. Under extremely cold conditions, the mattress may be slow to self-inflate. Body heat will improve mattress inflation; carry the mattress in the pack next to body.

To Deflate

1. Open valve(s), fold two to four times, and sit on the mattress to force air out. 2. Close valve(s) and roll the mattress toward the valve(s). Open valve(s) to let remaining air out and continue rolling. 3. Close valve(s) again. Mattress will remain rolled and ready for packing. Protect your mattress with a Therm-a-Rest stuff sack or Trekker™ Lounge.

Storage Recommendations

Store your Therm-a-Rest mattress unrolled, filled with air and in a dry place, with its valve(s) open. (Suggestions: under a bed or behind a couch.) Because the mattress foam tends to “remember” the shape it holds most often, your mattress will self-inflate faster if stored unrolled. If the mattress is left damp for a long time, mildew may damage the cover. This is not covered by warranty.

Repairs in the Field

We recommend that you purchase and carry a Therm-a-Rest Repair Kit. Follow the instructions included in the repair kit. Detailed repair instructions can also be found at thermarest.com/FAQ.

To Clean

Periodic cleaning is recommended to prevent food, oils or other materials from prematurely degrading your Therm-a-Rest mattress. Add as much air to the mattress as possible; close valve(s) with mattress fully inflated. Wash in a tub, using a soft bristle brush and any mild household degreasing cleaner or mild detergent. Formula 409® will remove sunscreen or bug repellent. Rinse well. Leave unrolled until dry. Do not store wet. (Formula 409® is a Clorox Co. registered trademark.)

Tips to Protect Your Mattress

- Always check for potential puncturing hazards under mattress area (thorns, sharp rocks, etc.).
- Use ground cloth beneath mattress unless sleeping in a tent.
- Do not use Therm-a-Rest mattress as a flotation device. It is not U.S. Coast Guard-approved.
- Do not expose mattress to flame or sparks.
- Do not pressurize a mattress with high-pressure pumps.
- Do not leave a mattress inflated with valve(s) closed in a car or tent on a hot day.
- Do not contaminate the mattress with Deet-based insect repellents, sunscreen, or chlorine.
- Do not expose mattress to long periods of direct sunlight. Ultraviolet rays gradually destroy the coated fabric.
- Keep mattress away from your pets. Dogs love to chew the valve(s), and cats like to sharpen their claws on the mattress.
- If you store your Therm-a-Rest mattress deflated and rolled for long periods, inflate it with several breaths to restore foam loft.

Limited Lifetime Warranty

What is covered:

- Your mattress is warrantied for the life of the product against defects in materials and workmanship.
- Should the mattress be found defective under this warranty, we will repair it or replace it at our option. Mattresses more than two years old may be replaced with a lifetime-warranted cosmetically irregular mattress.
- Normal wear, puncture, abrasion, misuse, alteration, abuse, or taking apart of the product is not covered.
- Therm-a-Rest will not be liable for incidental or consequential damages. Some states do not allow this exclusion or limitation of incidental or consequential damages, so the above limitations may not apply.
- Shipping charges to an Authorized Repair Center for a damaged mattress are not covered and are the responsibility of the customer. Return shipping charges for the repaired mattress are covered.

How to obtain warranty or repair service for damaged mattresses:

- To assure proper return of your repaired or replaced mattress, include a description of the problem, your name, shipping address, daytime phone number, and the mattress serial number.
- Products sent to a repair center must be clean or they will be returned to the sender without notice.
- Service charges may vary from country to country. Please contact the appropriate service center to receive a return authorization number and estimated service fee.

For more information about our worldwide warranty and repair service, or to find a service center near you, please visit: thermarest.com/ServiceCenter

For mattress care and use instructions visit thermarest.com/FAQ